



NewsFlash No. 2 Ed. 4



[Joan & Melissa](#)



[Cristina](#)



[Fishing Photo](#)

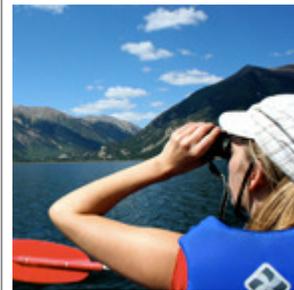


Welcome to the start of another great adventure (or shall we say "[egg-venture](#)"). As always we are featuring some of the most interesting & exciting people and places on the planet. Check out all of our links. You don't want to miss a thing.

We're traveling to Egypt in our [Adventure of the Moment](#). Then we'll be taking you on a leisurely cruise on the Upper Nile to visit the seven "Must See" Egyptian Temples in our [Adventure How!](#) Hollywood celebrities and European royalty call this Egyptian Hotel a "privilege" to visit. Take a peek at the legendary Old Cataract Hotel in our [Retreat to Relaxation](#).

We are featuring the technique of "Spring Fishing" in [Trix's Fishing Tips](#). Thank you to Helen Wingate, Brianna Stuhr, Cora Baggs, Angela Sorenson, Stacy Eastway, Rhonda Barrett, and Jennifer Ostler for sending in their fabulous fishing photos. View the photos in our slide show.

In our [Notes From the Trail](#) we are featuring three spirited and talented adventurers: Anina Imhof, Cristina Garcia, and Suzanne Thomas. [Anina](#) takes us on a kayaking trip to the remote rainforests of Alaska, [Cristina](#) describes how she quit her job in Dublin for the excitement of a seven month safari in Africa, and [Suzanne](#) tells a gripping story about mountain climbing in California. All three are must-read stories. [Suzanne](#) takes us on a kayaking trip to the remote rainforests of Alaska,



[Anina](#)



[Suzanne](#)



[Adventure of the Moment](#)



[Adventure How!](#)



[Kaylin](#)

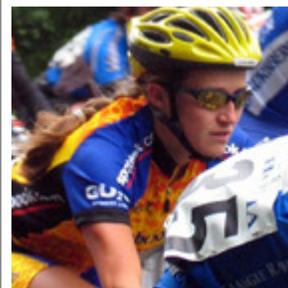
We have two exciting women in our [Adventure Interview](#). Meet Melissa Ahonen, and Joan Kleven the creators of **Outdoors for Her**, a website promoting outdoor lifestyles for women. Each will tell you about her own adventures and why women should live an active outdoor life.

Congratulations to [Kaylin Bing](#) for recently winning two state swimming titles. And kudos to [Megan Esmonde](#) for staying focused and dedicated to her training for the Ironman. Both these ladies deserve our encouragement. Visit them at [Post Your Support](#), and cheer them on.

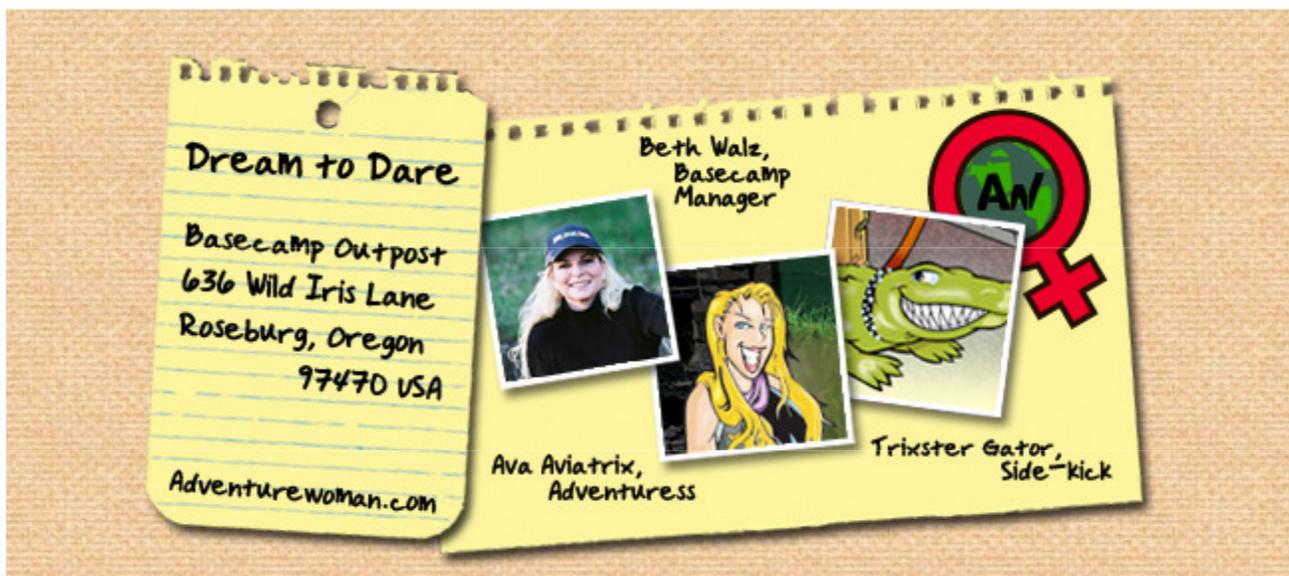
Listen to Beth talk about the importance of exercising your 'adventure muscles' everyday at our [Speakers Tent](#) or hear her travel radio broadcasts on our [Media Tent](#). Forward our NewsFlash to five of your favorite people and bring adventure into their life. Just click the upper right-hand button. Currently, 30% of our AdventureWoman.com fans are male. So send it to men, as well. Until next time...

Tight lines & Safe trails,  
[Beth](#), [Ava](#), [Trix](#), and Basecamp Staff

[Retreat to Relaxation](#)



[Megan](#)



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